

## Jonah 2 – Inside the Whale

Jonah 2  
May 30, 2021  
Next Steps

### OPENING PRAYER:

God, give me the courage to be revolutionary  
As your Son Jesus Christ was.  
Give me the courage to loosen myself from this world.  
Teach me to stand up free and to shun no criticism.  
God, it is for your kingdom.  
Make me free.  
Make me poor in this world;  
then I will be rich in the real world,  
which is what life is all about.  
God, thank you for the vision of the future,  
But make it fact and not just theory.  
-- Henry Nouwen,  
With Open Hands, 1972

### BREAKING THE ICE:

- What did you agree or disagree with in the sermon this week?

### WRESTLING WITH THE WORD:

Read.

- What jumps out at you in this scripture?

### NEXT STEPS:

- What is one specific way you can imitate Christ's humility this week?
- Who

### PRAYER FOR THE WEEK:

Let nothing disturb you,  
Nothing frighten you;  
All things are passing;  
God never changes;  
Patient endurance attains all things;  
Whoever possesses God is wanting in nothing;  
God alone suffices.

Teresa of Avila (1515-1582)